

August 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
	Don't forget to get your steps in!!		9:30-10:30am Yin Yoga with Polly			8:30-9:30am Yoga with Elizabeth
			7:00-9:00pm Bocce Bash!!	6:30-8:30pm Game Night!!	6:00-9:00pm Happy "Hour"	5:00 PM Summer Dinner & Celebration
5	6	7	8	9	10	11
	Get your swim on while it's still warm!		9:30-10:30am Yin Yoga with Polly	11:30 AM Ladies Learn, Laugh and Lunch		8:30-9:30am Yoga with Elizabeth
		6:30-8:30pm Tacos & Trivia!!!	7:00-9:00pm Bocce Bash!!	6:30-8:30pm Game Night!!	6:00-9:00pm Happy "Hour" & Karaoke	
12	13	14	15	16	17	18
	Have you checked out the exercise equipment?		9:30-10:30am Yin Yoga with Polly	3:00-4:00pm Book Club		8:30-9:30am Yoga with Elizabeth
		6:30-8:30pm Game Night!!!	7:00-9:00pm Bocce Bash!!	6:30-8:30pm Game Night - Repeat!! ('cause it's that fun!)	6:00-9:00pm Happy "Hour" (bring a snack)	
19	20	21	22	23	24	25
	Can you touch your toes?		9:30-10:30am Yin Yoga with Polly			8:30-9:30am Yoga with Elizabeth
		6:30-8:30pm Game Night!!!	7:00-9:00pm Bocce Bash!!	6:30-8:30pm Game Night!! (you know you like it)	6:00-9:00pm Happy "Hour" & Open Mic	
26	27	28	29	30	31	
	Finish the month strong!!		9:30-10:30am Yin Yoga with Polly			
		6:00 PM Movie Night	7:00-9:00pm Bocce Bash!!	6:30-8:30pm Game Night!!	6:00-9:00pm Happy "Hour" Theme Night - Funky T-shirt!!	

NOTES:

All activities will be held at the Club House unless otherwise indicated.

August 4th Summer Dinner & Celebration: 5pm drinks, 6pm catered dinner.

Friday Open Mic night: Do you play an instrument? If so, please bring it by and play!